

MOUNTAIN TOP QUILTERS GUILD

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From dark fabric cut:

one 7 1/2" square, subcut on BOTH diagonals to make four #3 triangles

two 3" squares, subcut on ONE diagonal to make four #4 triangles

From background fabric use enclosed template to cut four #2 and four #5 pieces

From each of four contrasting fabrics (A, B, C, D) cut:

one 5" square, subcut on ONE diagonal. Label one triangle #6.

Taking the other triangle and keeping a ruler parallel to one of the short sides cut off a 1 1/2" strip and discard it. Subcut the resulting smaller triangle in half from the right angle to the middle of the long side then label one triangle #1 and discard the other.

IMPORTANT

Before starting make 4 copies of the foundation pattern.

Each foundation makes a quarter of the 12 1/2" (finished 12") block.

Set the stitch length on your machine to 20 stitches per inch (1.4 on a Bernina).

Always begin and end each seam 2-3 stitches beyond the sewing line.

Block is created on the unmarked side of the foundation.

Use a **dry** iron!

On a single foundation use the same contrast color for pieces #1 and #6.

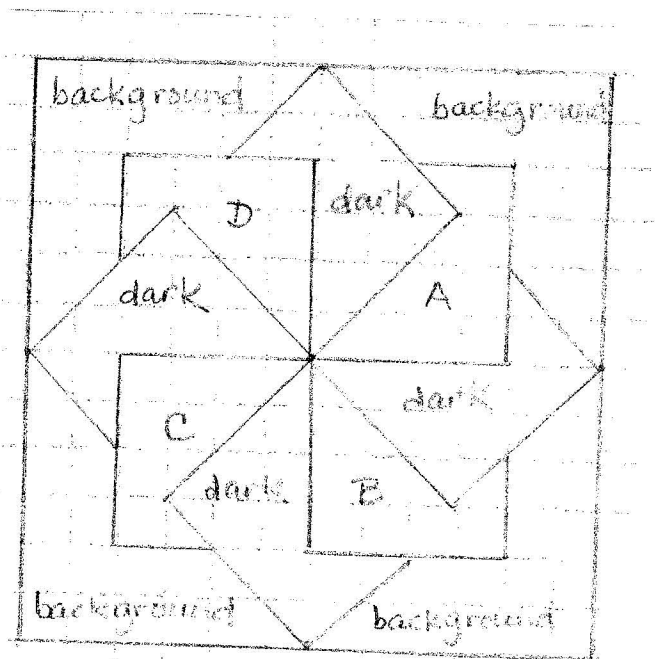
This foundation is most easily worked when the foundation is cut in half along the cutting line before beginning.

1. Place #1 triangle piece with right side up on unmarked side of foundation. Holding the foundation up to the light with the marked side of the foundation facing you, position the #1 piece so it extends 1/4" over the edges of the marked #1 triangle on the foundation. Dab a little fabric glue on the wrong side of the fabric to hold it in place on the foundation.
2. On the marked side of the foundation, place a straight edge on the sewing line between pieces 1 and 2. Fold the foundation over and crease. Measure 1/4" beyond the fold and trim away the excess fabric. This makes a 1/4" seam allowance with which to align your next piece.
3. On the unmarked side of the foundation with right sides together (RST) place the short side of piece #2 over the long side of #1. Pin well away from the seam line.
4. With foundation markings up sew on the line between 1 and 2 starting and ending 2-3 stitches beyond the sewing line.
5. Flip the foundation to the unmarked side, open the seam and gently press.
6. On the marked side of the foundation, place a straight edge on top of the sewing line between the just sewn pieces and piece #3. Fold the foundation over the straight edge and crease. Measure 1/4" beyond the fold and trim away excess fabric. This makes a 1/4" seam allowance with which to align your next piece.
7. On unmarked side put a dab of glue on the underside of fabric corners to hold them in place on the foundation. With RST place #3 on top of the piece made in step 3. Pin well away from the sewing line.
8. On the marked side of the foundation sew on the sewing line between pieces #1/#2 and #3.
9. On unmarked side open and press. Tack down corners with a dab of glue on the wrong side of fabric if desired.
10. On marked side of foundation stay stitch the edges by sewing in the middle of the seam allowances around the edge of the triangle. Trim on the outer seam allowance line. Put aside.
11. Place #4 triangle piece with right side up on the unmarked side of the foundation. Holding the foundation up to the light with the marked side of the foundation facing you, position the

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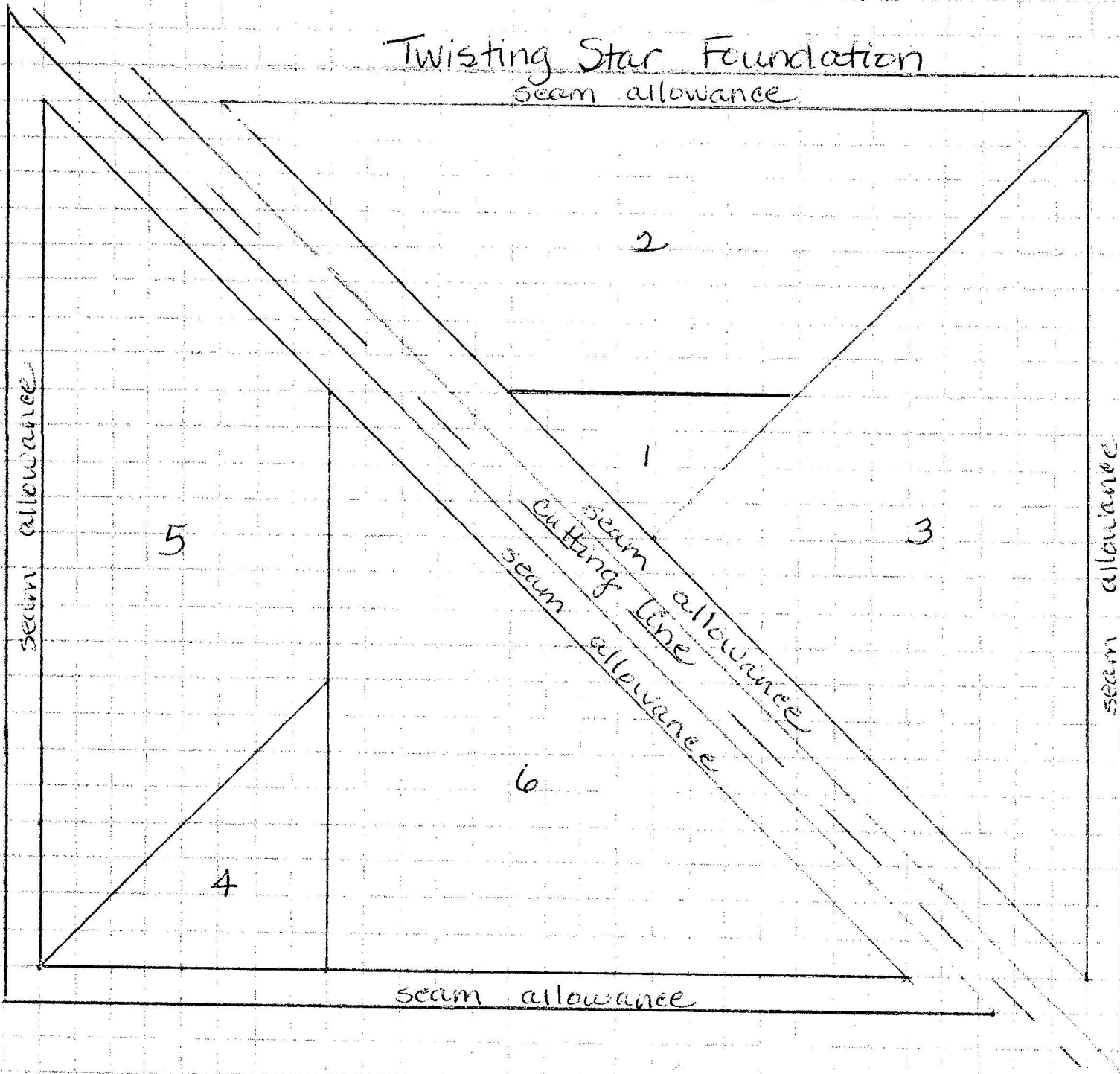
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- #4 piece so that it extends 1/4" over the edges of the marked #4 triangle on the foundation.
Dab a little fabric glue on the wrong side of the fabric to hold it in place on the foundation.
12. On the marked side of the foundation, place a straight edge on the sewing line between pieces 4 and 5. Fold the foundation over the straight edge and crease. Measure 1/4" beyond the fold and trim away the excess fabric. This makes a 1/4" seam allowance with which to align your next piece
 13. On the unmarked side of the foundation with RST center an angled side of the #5 piece on top of the long side of the #4 piece. Pin well away from the sewing line.
 14. Flip the foundation over and sew on the sewing line between #4 and #5 pieces.
 15. On the unmarked side open #5 piece and gently press.
 16. On the marked side place a straight edge on the sewing line between #4/5 and #6 pieces. Fold the foundation over and crease. Measure 1/4" beyond the fold and trim away excess fabric.
 17. On unmarked side with RST place a short side of #6 on top of the just sewn piece. Pin well away from sewing line.
 18. On the marked side of the foundation sew on the sewing line between 4/5 and #6 pieces.
 19. Open #6 piece and press gently. Tack down corners with a dab of glue on the wrong side of fabric.
 20. On the marked side of the foundation sew in the middle of the seam allowance around the entire large triangle. Trim around the triangle on the outer seam allowance line.
 21. With RST sew the two triangles together along the longest sides. Press seams open. Trim dog ears. Remove the foundation.
 22. Repeat steps 1-21 three more times using a different contrast fabric in each quarter block unit.
 23. Using the block diagram for placement sew the squares together. Press seams open.



Twisting Star Foundation

seam allowance



Twisting Star

template for pieces 2 & 5

